



# ENERGY SAVING: A SMART AND SUSTAINABLE DECISION

# FACTORS THAT INCREASE ELECTRICITY CONSUMPTION.

- Inefficient or excessive use of energy.
- Addition of new electrical devices without consumption management.
- Use of faulty or poorly maintained equipment.
- Seasonal changes that require increased use of heating or cooling systems.
- Increase in the number of users or residents in the home.
- Use of outdated or low energy-efficiency appliances.

## PRACTICAL TIPS

By equipment type.



### LIGHTNING

- o **Use LED Bulbs.**  
They last longer and consume up to 70% less energy.
- o **Install motion sensors or automatic switches.**  
To avoid unnecessary usage.
- o **Make the most of natural daylight.**



### WATER PUMPS

- o **Automate the system.**  
With timers or pressure controllers.
- o **Perform regular maintenance.**
- o **Install soft starters.**  
To avoid consumption spikes.
- o **Fix any leaks in taps or spikes.**



### AIR CONDITIONERS

- o **Keep doors and windows closed while in use.**
- o **Set the temperature efficiently** (75°F is ideal).
- o **Use fans** to help cool the space faster.
- o **Choose high-efficiency units and ensure they receive proper maintenance.**



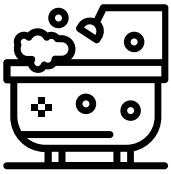
## TELEVISIONS

- o Activate the energy-saving mode.
- o Adjust brightness and contrast to moderate levels.
- o Set the sleep timer at night.



## REFRIGERATORS

- o Check the condition of door seals or gaskets.
- o Avoid frequent or prolonged opening.
- o Clean the ventilation grills regularly.
- o Do not place hot food inside.



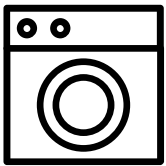
## WATER HEATERS

- o Use timers to schedule operation times.
- o Perform periodic maintenance.



## IRONS

- o Sort clothes by fabric type before ironing.
- o Adjust the temperature according to the fabric.
- o Turn off the iron when not in use.



## WASHING MACHINES AND DRYERS

- o Load the proper amount of clothing per cycle.
- o Select the appropriate wash program for each load type.
- o Clean the lint filter after every use.
- o Choose models with energy-efficient technology.



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## WHY CHOOSE ENERGY SAVING?

- It significantly helps reduce your electricity bill.
- It makes a tangible contribution to the care and preservation of the environment.
- It decreases dependence on non-renewable fuels for power generation, thereby reducing pollutant emissions.

## GENERAL RECOMMENDATIONS FOR EFFICIENT CONSUMPTION.

- Unplug devices when not in use.
- Choose appliances with high energy efficiency ratings.
- Automate the switching on and off of lights and devices whenever possible.
- Perform regular maintenance on equipment to optimize performance and extend its lifespan.
- Consider replacing devices that use outdated technology.
- Ensure proper grounding system installation.



For more information or to make a suggestion,  
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